A Spirit Filled Life

Patience & Kindness

You, my brothers and sisters, were called to be free. But do not use your freedom to indulge in the flesh; rather, serve one another humbly in love. For the entire law is fulfilled in keeping this one command: "Love your neighbour as yourself." If you bite and devour each other, watch out or you will be destroyed by each other.

So I say, walk by the Spirit, and you will not gratify the desires of your flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. But if you are led by the Spirit you are not under the law.

The acts of the flesh are obvious: sexual immorality, impurity and debauchery, idolatry and witchcraft, hatred, discord, jealousy, fits of rage, selfish ambition, dissection, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

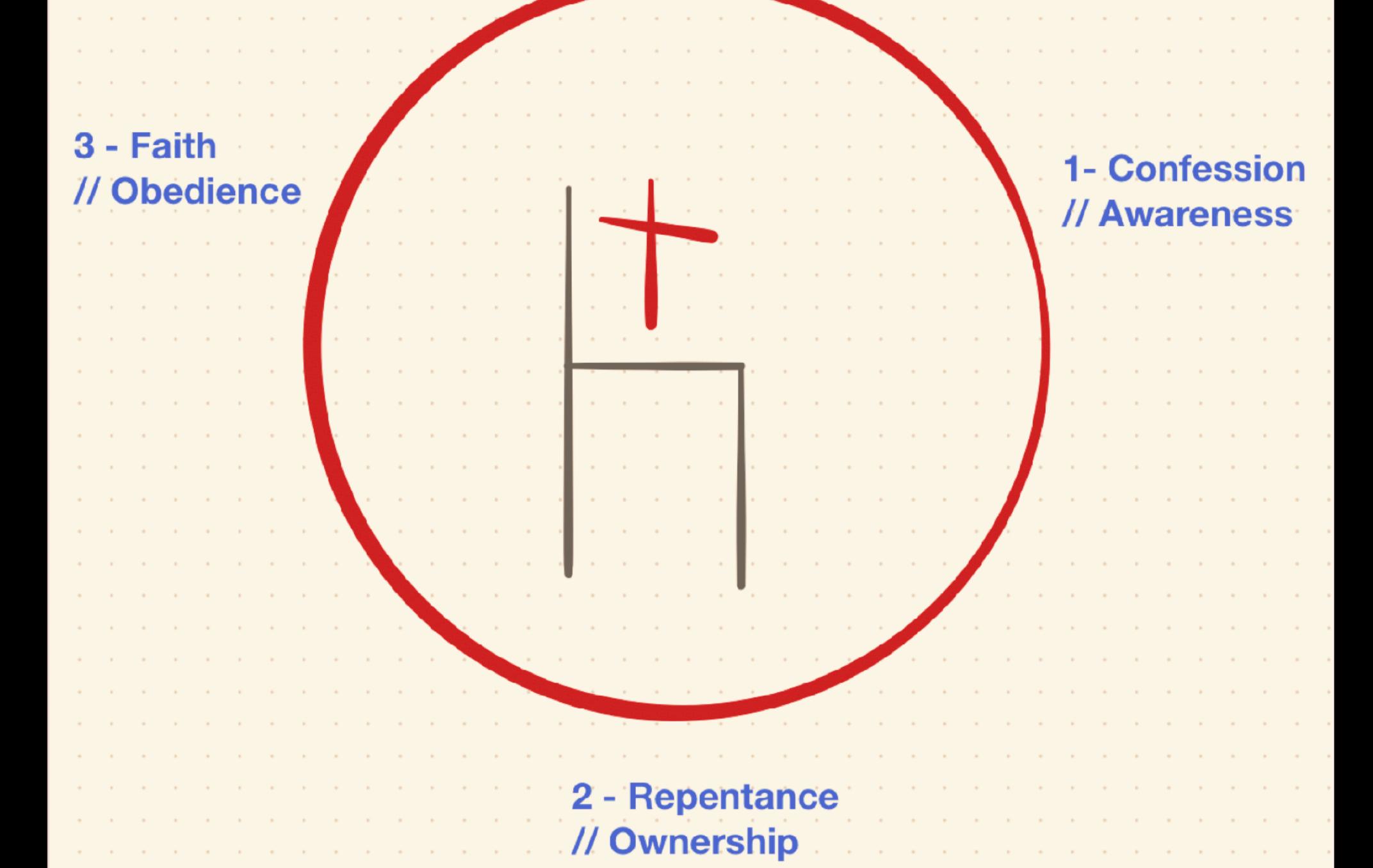
But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.

### Dietrich Bonhoeffer

"Fruit is always the miraculous, the created...The fruit of the Spirit is of God, and only He can produce it..."

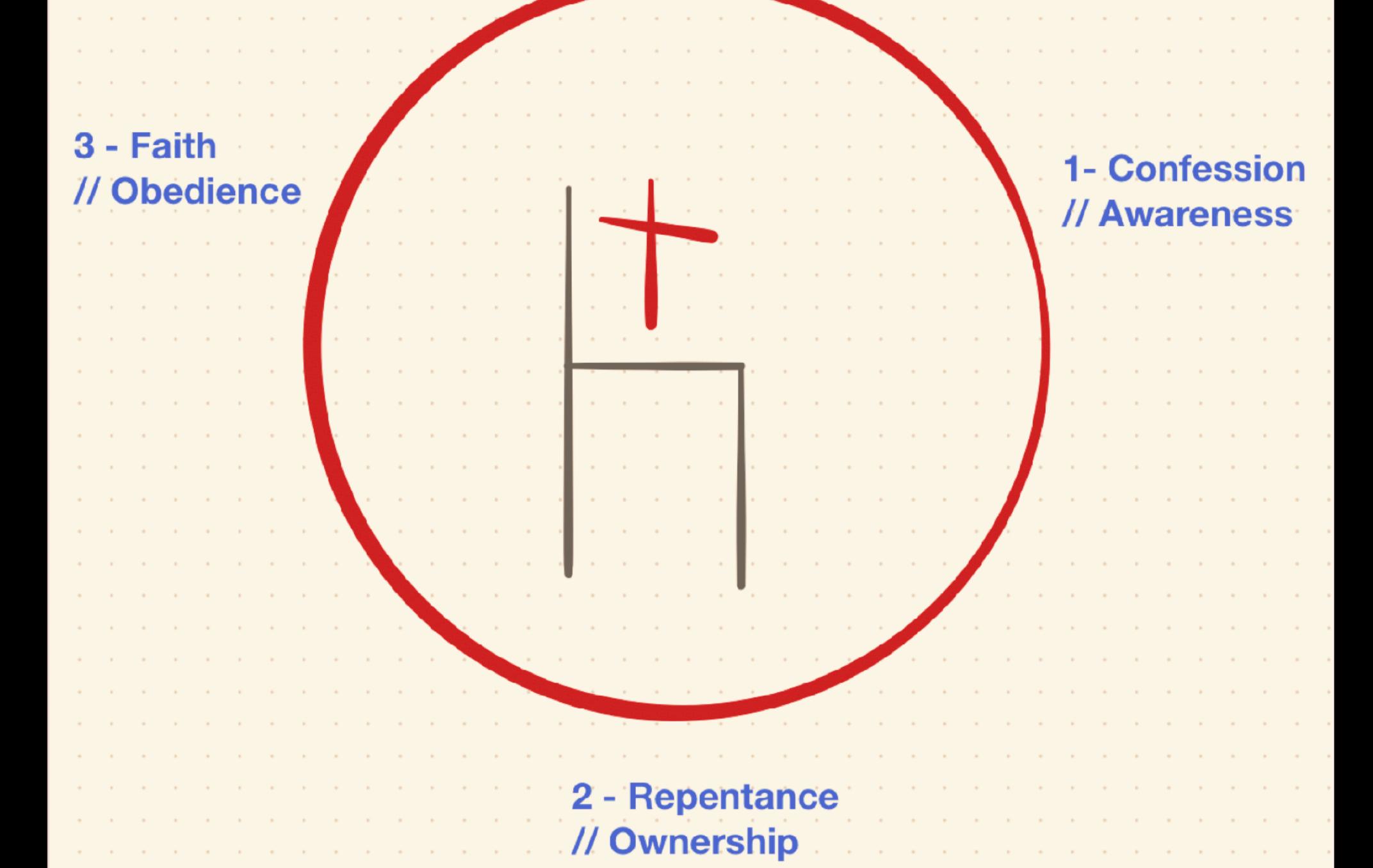
#### Patience

An ability to face down trouble without blowing up or hitting out.



#### Kindness

An ability to serve others practically in a way that leaves me vulnerable, which comes from having a deep inner security.



# Wanna be like Christ? Respond to what he reveals.

Kirk Franklin