



# A Christ-Like Mindset

Becoming More Like Christ, One Thought at a Time



## DISCUSSION GUIDE



# A Christ-Like Mindset

Becoming More Like Christ, One Thought at a Time

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## Discussion Guide



Bookmark the Discussion Guide here.

New content will be available after each service.

## Stories of Change

Have you experienced life transformation



through heart discipleship in your everyday moments? We'd love to hear your story! Please share how God has been at work in your life here.



26  
OCT

## Thankfulness Over Anger

PS CHEE



Watch the sermon here



### Series Intro

In *A Christ-Like Mindset*, we're learning how God transforms the way we think so we can live more like Jesus—especially when life doesn't go our way.

Using the *Heart Discipleship* rhythm—Invitation, Conviction, Surrender, Belief—we let God's Word disciple our hearts, not just inform our minds.

### INVITATION –The Spirit's Prompt

Paul wrote from prison yet overflowed with gratitude. He reinterpreted hardship through Christ's work, not frustration.

Read Philippians 1:3–6, 12–14

- Where do you feel chained or limited right now?
- How might the Spirit be inviting you to see that space as an opportunity for Christ to work?
- Who models a thankful spirit that stirs you to do the same?

### CONVICTION - What God Reveals

Suffering brings two things: the event and our interpretation. Paul chose joy over bitterness.

Read Philippians 1:15–18

- What situations most easily trigger anger or offence in you?
- How does your usual interpretation—fear, self-reliance, or faith—shape your reactions?
- What is the Spirit convicting you of about how you see hardship or opposition?

## **SURRENDER - Yielding Our Perspective**

*Paul reinterpreted:*

Chains → limits surrendered

Opposition → offence released

Crisis → control handed to Christ

Citizenship → earthly loyalties laid down

Read Philippians 1:20–21, 27

- Which of these four speaks most to your season?
- What one thing could you surrender this week to make space for gratitude?

## **BELIEF - Living From Christ's Mindset**

Paul's belief—*"to live is Christ"*—anchored his peace and thankfulness.

- What truth about Christ do you need to believe more deeply so gratitude becomes natural?
- How can your group pray for one another to live with this mindset this week?

## **Heart Practice for the Week**

Write down three moments each day where you notice God's presence in ordinary or hard places.

Pray:

*"Lord, teach me to see my life through Your eyes. Turn my anger into gratitude and my limits into opportunities."*

02  
NOV

## Unity Over Discord

PS SHERON



Watch the  
sermon  
here



### **Read Philippians 2:1-11 (NLT)**

True unity flows from humility. When we revolve around Christ instead of ourselves, we stop asking “What about me?” and start living “What about others?”

### **INVITATION – Re-centering around Christ**

#### Read Philippians 2:1-2

Like the “bean-soup theory,” the world trains us to see everything through a self-centred lens. Philippians calls us to a *Copernican revolution*—where life revolves not around me, but around the Son.

- Where do you notice the “What about me?” mindset creeping into your relationships or church life?
- How might the Spirit be inviting you to recentre your world around Jesus and others this week?

### **CONVICTION - Exposing Pride & Self Interest**

#### Read Philippians 2:3

Ps Sheron reminded us that we often fear “missing out,” fighting for our own advantage. Yet pride and comparison block unity.

- What situations make it hardest for you to think of others before yourself?
- When has your desire to “not miss out” caused strain or disunity?
- What might the Spirit be convicting you of about how you pursue recognition or control?

## **SURRENDER – Choosing Humility and Oneness**

Read Philippians 2:6-9

Jesus gave up divine privilege to serve and die for us—then God exalted Him. Unity begins when we choose His attitude: humility, service, and shared purpose. It's hard work, but it's holy work.

- What's one way you could put yourself aside this week to lift someone else up?
- Where do you need to forgive, listen, or include someone different from you?
- How might humility heal a current point of discord in your world?

## **BELIEF - Living as One Body**

Unity doesn't mean sameness; it's a complex whole—many parts, one body (1 Cor 12). When God's people live together in unity, "there the Lord bestows His blessing... even life forevermore." (Ps 133)

- What truth about Christ's upside-down kingdom helps you believe that humility and unity are worth it?
- How can your group model "oneness of purpose" even with differences?
- What would it look like for God's blessing to "flow" through our unity this week?

## Heart Practice for the Week

Each day, look for one opportunity to prefer someone else—listen first, serve quietly, or celebrate another's win.

Pray:

*“Jesus, You gave up everything to make us one.  
Teach me to humble myself, value others, and build unity  
that brings Your blessing.”*

09  
NOV

## Gladness Over Grumbling

PS PAUL



Watch the  
sermon  
here



### Intro

Paul's letter to the Philippians reminds us that joy isn't about everything going our way—it's about letting God's Spirit work in us to think and live like Jesus.

This week, we'll see how working out our salvation means choosing trust, humility, and joy instead of complaint.

### INVITATION –God at Work in You

Read Philippians 2:12–13

- What stands out to you in these two verses?
- What do you think it means to work out your salvation rather than work for it?
- Where do you sense God inviting you to cooperate with what He's already doing in you?

### CONVICTION - Facing Our Tendency to Complain

Read Philippians 2:14–16

- What does Paul connect grumbling and shining like stars?
- Why do you think complaining comes so easily—even for Christians?
- In what area of life do you most often catch yourself grumbling? What does that reveal about your heart?

**SURRENDER - Replacing Complaint with Trust**

Read Philippians 2:17–18

- How does Paul model surrender and joy in these verses?
- What would it look like to “pour yourself out” with gladness this week?
- Is there a situation where you need to stop controlling or complaining and instead trust God’s purpose?

**BELIEF - Confidence in God’s Good Purpose**

Return to Philippians 2:13

- What does this verse tell you about God’s role in your transformation?
- How can believing this truth change your perspective when life feels hard or unfair?
- How might your joy—or lack of it—point others toward (or away from) Christ?

**Heart Practice for the Week**

Each day, read Philippians 2:13–15 aloud.

Then pray:

*“Lord, thank You for working in me.  
Help me do everything without grumbling,  
that I might shine with Your joy and point others to  
You.”*

Write down one moment this week when you chose gladness over complaint—thank God for that work in you.

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NOV

## Humility Over Pride

PS CHEE



Watch the sermon here



### Intro

This week, Paul confronts one of the greatest barriers to spiritual growth: building our identity, worth, and confidence on *self* instead of *Christ*.

### **INVITATION –Where Is Your Confidence Resting?**

Read Philippians 3:1-4

- What words or ideas stand out to you in these verses?
- Paul says this warning is a safeguard. Why do we need protection from placing confidence in ourselves?
- In the last week, where have you been tempted to measure yourself against something other than Christ?

### **CONVICTION - Recognising Our “Resume of Self”**

Read Philippians 3:5–6

Paul lists the impressive things he once trusted for identity, worth, and righteousness. Then he says none of them could save him or make him whole.

- As you read Paul’s list, what modern-day equivalents come to mind? Which ones tempt you? (e.g., competence, ministry fruit, performance at work, achievements, being admired)
- How can both superiority (I’m better than others) and insecurity (I’m not enough) be rooted in the same thing—confidence in self?

Take a moment of honest reflection:

- Where do you recognise pride or self-reliance quietly shaping your decisions, emotions, or relationships?
- What does that reveal about your heart?

**SURRENDER - Letting Go of Self & Receiving Christ**

Read Philippians 3:7–11

- What does it mean to “consider everything a loss” compared with gaining Christ?
- Which of these three do you find hardest to receive from Jesus, rather than achieve for yourself?
  - Identity (Who I am)
  - Worth (Am I enough?)
  - Righteousness (Am I acceptable before God?)
- Is there an area where you sense God inviting you to let go of proving yourself?

**BELIEF - Walking in Freedom as You “Press On”**

Read Philippians 3:12–14

Paul does not strive to earn acceptance—he strives because Christ has already taken hold of him.

- What does Paul mean when he says he presses on because Christ has taken hold of him?
- How does humility make you more courageous, not less?
- Where might God be calling you to “press on” in faith rather than in self-effort?

**Heart Practice for the Week**

Each morning, pray Philippians 3:8–9 in your own words:

*“Jesus, You are my worth, my identity, my righteousness.*

*Help me let go of proving myself and live freely in You.”*

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NOV

## Heavenly Over Earthly

PS KYLE



Watch the  
sermon  
here



### Intro

In this series, we've been letting Scripture shape a Christ-like mindset within us.

This week, Paul calls us to lift our eyes from earthly thinking to our true identity as *citizens of heaven*.

### **INVITATION –A Call to Maturity and Unity**

Read Philippians 3:15–16

Paul says maturity is revealed not in winning arguments but in growing in unity and holding onto the progress God has already worked in us.

- What stands out as Paul describes “spiritual maturity” here?
- Why does Paul link maturity with unity instead of argument?
- Where is God inviting you to keep “holding on to the progress already made”?

### **CONVICTION - Earthly Thinking & the Wrestle Within**

Read Philippians 3:17–19

Paul grieves over believers whose lives contradict the cross—those driven by appetite, pride, or living only for this life.

- What behaviours or attitudes in these verses reveal an earthly mindset?
- Where do you personally feel the “wrestle” between flesh and Spirit right now?
- How might your desires, habits, or appetites be pulling your focus earthward instead of heavenward?

**SURRENDER - Letting Go of What Pulls Us Downward**

Read Philippians 3:20

Paul contrasts earthly living with our true identity:

*“We are citizens of heaven.”*

- What does it mean to you personally to be a “citizen of heaven”?
- What earthly mindset, habit, or desire do you sense God inviting you to loosen your grip on?

How might adopting a heavenly identity change the way you respond to disagreements, temptations, or pressures this week?

**BELIEF - Confidence in Christ’s Coming Transformation**

Read Philippians 3:21

Paul anchors our hope in Christ’s power to transform our weak, earthly selves into His glorious likeness.

- How does believing in Christ’s future transformation give strength for present struggles?
- What would it look like to live today with the confidence that you belong to another kingdom?

How might your joy, unity, or character become a witness of your heavenly citizenship?

**Heart Practice for the Week**

Each day, pause and pray:

*“Lord, renew my mind with heaven’s perspective. Help me live as Your citizen—not shaped by this world but shaped by Your Spirit.”*

At the end of the week, reflect:

What changed when I remembered that earth is temporary, but heaven is home?

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NOV

## Peace Over Anxiety

PS SHERON



Watch the  
sermon  
here



### Intro

This week, in Philippians 4:4-13, Paul shows us a mindset of peace in the middle of uncertainty, rooted in trust rather than control.

### INVITATION – How the Spirit is Drawing You

Read Philippians 4:4-7

Paul's call to rejoice, be gentle, and pray rather than worry comes from prison, not comfort. His peace came from knowing: *"The Lord is near."*

- Where does anxiety show up most in your current season?
- How might anxiety be an invitation to trust God more deeply rather than carry everything alone?
- What "big rocks and burdens" (from the illustration) might God be inviting you to hand over?

### CONVICTION - What God is Revealing in us

Read Philippians 4:8-9

Anxiety often grows where we feel responsible to control something we were never meant to carry—outcomes, people, expectations, imagined futures. It can lead us to avoidance or endless worry.

- What do you tend to do with anxiety: avoid, distract, overthink, or worry?
- What does that reveal about your view of God—His nearness, His goodness, His ability?
- What thoughts currently dominate your mind that need to be replaced with what is true and life-giving?

**SURRENDER – What You Need to Release This Week**Read [Philippians 4:4-7](#)

Paul teaches prayer, gratitude, and surrender—not as techniques, but as a transfer of burdens. Peace comes when we relocate our anxieties from our shoulders to God’s hands.

- What is one specific worry you need to transfer to God through prayer this week?
- Where do you sense God asking you to “be still” rather than worry, avoid or control?
- What gratitude practice could help realign your perspective (e.g., 3 things/day, gratitude prayer, journaling)?

**BELIEF - The Truth You Need to Trust Deeply**

Paul learned contentment “in any and every situation,” because Christ was enough. Peace grows where belief is rooted: “I can do all this through Him who gives me strength.”

- What truth about God—His nearness, strength, faithfulness, control—do you need to believe more deeply?
- How do you want the God of peace to shape your mindset this week?
- How can your group pray for one another to cultivate peace in uncertainty?

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NOV

## Peace Over Anxiety

PS SHERON

### Heart Practice for the Week

At the end of each day, pray:

*“Lord, I hand You what I was never meant to hold. Teach my heart to trust You.”*

Then list **one anxiety** you’re surrendering and **one thing you're thankful for**.